

REVITALIZING with BRONZE using KANSA a traditional Indian massage tool for Face, Head, Neck Shoulders and Feet

These fascinating tools have been used for centuries to bring balance and health to the body in much the same way that people in the Himalayan region have used bracelets made of three metals and Tibetan singing bowls to recharge and harmonize the subtle energies of the body.

The Kansa Face Wand is carefully designed to help

- revitalize tired faces, stressed shoulders, and aching necks
- provide a gentle lift and bring life and light back to the face
- ease pain, tension and localized heat and acidity where ever it is applied
- rebalance the three doshas - vata, pitta and kapha, the three subtle energies of the body recognized in Ayurveda
- balance body, mind and inner most being
- sooth skin after a shave



The Kansa Foot Wand is traditionally used to

- help to balance the subtle energies in the body, especially Pitta dosha
- sooth eye stress
- calm high skin tones
- improve posture
- grounding after emotional treatments
- reduce acidity and provide mild detoxification
- invoke a sense of relaxation especially in very Type A individuals

The class will also cover

- the story of Kansa metal and why it is effective for massage
- care and cleaning of the tools
- indications and precautions for use

To register go to www.DiamondWayAyurveda.com or call 866-303-3321

We ask \$125 down payment on registration that is refundable up to one week before class after which time it is transferrable to another class.

Further information can be viewed at www.DiamondWayAyurveda.com
Clips of the techniques are on youtube under Face Kansa Wand and Pedikarma

Class offers 14 CE hours

COST : \$395 which includes Ayurvedic lunch each day and one each of the Kansa massage tools. Oils not included.

May 19th and 20th 2012 9am-5pm

Class will be held in San Luis Obispo California

Taught by Robert and Melanie Sachs co-owners of Diamond Way Ayurveda

