



Manual Ligament Therapy for the Upper Body

June 21, 2013

Tacoma, WA

Create effortless, quick change that lasts!

This class is an introduction to Manual Ligament Therapy (MLT) as it relates to the upper quadrant. Joshua will teach you about the physiology behind this technique and give you a new understanding of ligaments and the role they play in muscle and fascial dysfunction. It is not an in-depth class concerning the entire system but is a good introduction to the power of the work. You will leave with a good understanding of how to apply MLT and specific releases targeting the cervical spine, shoulders and jaw. Almost effortlessly you will learn how to create quick change in your clients' dysfunction that lasts!

Invest in your career and learn how to address the muscular and fascial systems with Manual Ligament Therapy. Using the proprioceptive sensory qualities of ligaments, MLT relaxes hypertonic muscles immediately with very little effort on the part of the practitioner. Best of all, it is extremely gentle on the client.

This class is designed to be an adjunct to the AIS class that follows on Saturday and Sunday.

Special Deal: Register for the entire 3-day weekend and receive a \$25 discount off the tuition for each class (\$50 total discount).

Instructor: Joshua Morton, LMP, MAISS, MMLT

CE Contact Hours: 8 hours (NCBTMB)

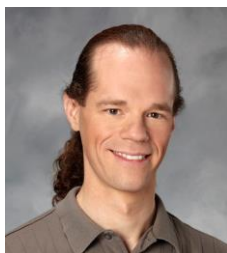
Tuition: \$125 by June 7th; \$150 thereafter; current student discount \$25

Material Fee: \$5 (payable at class)

Day/Time: June 21st; Friday 9 AM – 6 PM (1 hour for lunch)

Location: 4040 South Orchard Street, Fircrest, WA 98466

Registration/Info: www.aisnorthwest.com / (360) 738-9800 / aisnw@comcast.net



1994 graduate of Seattle Massage School – Main focus: Soft tissue rehabilitation and injury prevention – Over 2,000 hours working with Aaron Mattes, the developer of Active Isolated Stretching (AIS) – Thousands of hours teaching internationally and helping clients heal – One of the top AIS therapists and instructors nationwide. – Recently expanded his expertise to include Manual Ligament Therapy developed by Arik Gohl. – Joshua teaches throughout the United States and internationally. (Lic. # MA00008567)